



# HOSPICE SOCIETY OF THE COLUMBIA VALLEY

*“Hospice is an oasis where no one dies or grieves alone”*

The following reports on the progress the Hospice Society of the Columbia Valley (HSCV) has made in the past year. We thank all businesses, organizations, funders, and individuals that supported HSCV in 2022.

As COVID rules relaxed in 2022 the Hospice Society saw more demands for its services. As the newest population census shows the Columbia Valley experienced an increase in residents and it is likely to continue in the future as people choose to escape bigger cities.

As the needs of the population changed HSCV responded with two new initiatives in 2022 to fill a gap in services. While hospice volunteers receive hours of training they are not qualified or allowed to provide grief clinical counselling to clients with more complex and traumatic grief issues. With a grant assistance, HSCV was able to contract out a local registered clinical grief counsellor to assist clients dealing with complicated grief issues. It is important to mention that individuals who experience complex grief do not necessarily have a mental health need and therefore do not qualify to see someone from the local mental health clinic. The goal of the project has been to serve 6 clients in a 9-month period. Within 4 months HSCV referred 9 clients to the counsellor. This clearly demonstrates the need and HSCV plans to continue to offer this service in the future.

The second initiative that was introduced is called Nav-CARE. The program originates from a UBC evidence-based research study and is strongly endorsed by Health Canada. The program involves specially trained volunteers to help improve the lives of people living with declining health by creating connections to community services and resources and providing caring, consistent emotional support. This program is specifically designed for individuals who do not yet qualify for home support and are not palliative but who still need assistance.

## **Accomplishments of 2022**

- At the invitation of the BC Hospice Palliative Care Association HSCV met with the provincial financial minister and staff on the need to support hospices throughout the province.
- Fall Fashion Show. After 3 years of absence due to COVID the event sold out (200 tickets)
- Hosted the Leo Grillmair' s life movie as a fundraising opportunity.

- Ruffled an e-bike and a \$500 term deposit from KSCU throughout the summer months at the Invermere Farmers' Market.
- Developed a new 14-hour training course: "Advanced Bereavement Accompanying Skills".
- Hosted 3 volunteer in-services on: "How to Help Adults Understand How Children Grieve"; "Alzheimer and Dementia"; and "Celebrating Volunteer Successes".
- Interviewed and videotaped 3 clients in the community with life limiting illness as part of the memories and messages project. Three more will be completed in 2023.
- Hosted the Tree of Lights event which commemorates those we have lost.
- On-going partnerships with local, provincial, and national governmental and non-governmental organizations.

### **Measurables for 2022 (numbers compiled January 1- December 31, 2022)**

- Trained 10 new end-of-life volunteer visitors.
- Trained 23 volunteers online for Fernie and Clearwater Hospices
- Trained 10 Nav-Care volunteers.
- Held 1 bereavement support group with 7 clients.
- Sent out 4 Hospice News to over 800 subscribers.
- Trained 9 new bereavement volunteer visitors.
- Held 2 Rainbows for Children support groups. A total of 6 children and 11 parents benefited.
- 78 active volunteers
- 45 visitor volunteers
- 375 End-of-Life (EOL) visits; 22 EOL clients served.
- 644 Bereavement visits; 125 Bereavement clients
- 67 Anticipatory Grief visits; 11 anticipatory grief clients served.
- 11 Nav-Care clients; 25 visits (Program only began in September 2022)
- Over 2200 hours of volunteer work. BC Gaming provides a \$20 per hour figure to give an idea of what an organization would need to pay if staff were involved. This means that HSCV volunteers dedicated \$44,000 worth of their time in 2022.

### **2022 Board Members:**

- Board Members include Barb Gagatek, David Goldsmith, Scott Halford, Dodie Marcil, Daneve McAffer, and Bruce Knowlden.

### **Goals for the upcoming year include:**

- Further develop the Nav-CARE program.
- Complete the Memories and Messages initiative.
- Continue to Collaborate with home care services and medical professionals.
- Celebrate the 10<sup>th</sup> year Hospice Society's anniversary.
- Explore New fundraising strategies and implementation.
- Continue to offer Bereavement Support Groups.
- Continue exploring partnership opportunities with local organizations.

**HOSPICE SOCIETY OF THE COLUMBIA VALLEY**  
**STATEMENT OF FINANCIAL POSITION**  
**March 31, 2023**

	2023	2022
<b>ASSETS</b>		
<b>Current</b>		
Cash	\$ 199,148	\$ 174,351
Prepaid expenses	1,575	3,150
GST receivable	1,565	1,311
	202,288	178,812
Property and equipment - note 3	4,365	7,052
	<b>\$ 206,653</b>	<b>\$ 185,864</b>
<b>LIABILITIES AND FUND BALANCES</b>		
<b>Current</b>		
Accounts payable and accrued liabilities	\$ 4,309	\$ 6,871
Government remittances payable	828	2,514
Deferred revenue - note 4	32,655	25,554
	37,792	34,939
<b>Net assets</b>	168,861	150,925
	<b>\$ 206,653</b>	<b>\$ 185,864</b>